

We can help students, alumni, faculty, staff, and advanced community members:

Develop professional skills

Become familiar with the career development process

Explore different careers and internships

Explore majors and build skills for resumes through volunteering, job shadowing, informational interviewing, and self-exploration

Learn about the positive effects of networking

Discover potential opportunities different majors can yield

Understand the relationship between major and career

Learn about their personality, vocational interests, and self through values and interests card sorts, Narrative Career Construction, and the Myers-Briggs Type Indicator and Strong Interest Inventory Assessments

Brainstorm ideas to put in a resume and cover letter

Tailor their resume and cover letter to specific positions

Prepare for interviews

Collaborate about ideas for ways to gain exposure to worlds of work

Research professionals in their fields of interest and conduct informational interviews and job shadowing

Areas outside of our scope of practice with clients:

Academic advisement for students

Tell clients what they should and shouldn't do

Have quick and easy answers for determining majors and careers

Test students to determine majors and classes

Tell students what classes to take

Tell students what to major in

Write resumes and cover letters

Place students in jobs and internships

Tell students what job or career they should pursue

Conduct informational interviews or job shadows for students